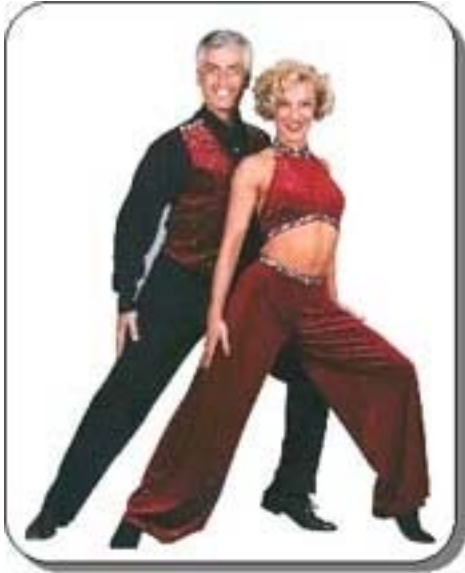


Innovations

March 2003 Newsletter

Super Mario Weekend
Spectacular.....Read All Of The
Details Inside. Mar 21, 22, 23



**DanceSational Workshop, Saturday,
March 1, 2003 6:30 – 7:45PM**
Night Club Two Step with Michael and Brandi

Join Michael and Brandi for a passionate workshop teaching one of the most romantic dances of all time – Night Club Two Step. If you have seen these two do this dance, then you have seen them almost majestically float across the floor. Don't miss this opportunity to learn some of the secrets to their incredible style.

The workshop cost, which includes admission to a dance party to follow at 8:00 p.m., is \$10 for annual members and \$20 for others. Admission to just the dance is \$5 for annual members and \$7 for others and \$5 for college students with I.D.

Free Classes This Month prior to the Innovation's Dance Parties:

Friday Nights: 7:15 – 8:00 PM Country Western 2-Step with Mike Cowlshaw

Sunday Nights: 4:15- 5:00 PM Intro to WC Swing with Marc & Carolyn Washington

Don't Forget to Renew Your Innovation's Membership (\$35/year) To Continue Taking Advantage Of Membership Benefits. Check Your Membership Card For Expiration Date.

If You Are Interested In Becoming A Volunteer For Innovations, Such As Front Desk, Clean Up, Set Up, Or For An Event, Please See Martha Peleti For Details.

Innovations

Presents

SUPER MARIO WEEKEND

March 21 – 23, 2003

Featuring our star instructor:

Mario Robau Jr.



Starlight Dance Studio.

- **6 Workshops**
- **3 Dances**
- **Lots of Food, Fun, Dancing and Entertainment**

Tentative Event Schedule

Friday March 21

- 6:00 – 6:30** Registration and Warm up Dancing
- 6:30 – 7:45** Workshop #1 Adv. Hustle – “Money Moves”
- 8:00 – 11:00** Innovations Dance -hot & cold hors d’oeuvres, refreshments

Saturday March 22

- 10:30 –11:00** Registration (if you missed Friday) and Warm up Dancing
- 11:00 – 12:00** Workshop #2 WCS – Cleaning up the Basics
- 12:10 – 1:10** Workshop #3 WCS – Syncopations
- 1:10 – 2:00** Lunch – Food and General Dancing
- 2:00- 3:00** Workshop #4 WCS –Music Interpretation/Hitting the Breaks
- 3:10- 4:10** Workshop #5 WCS - Intermediate WCS

Break Time

- 8:00 – 11:30** Innovations Dance – Carne Asada Buffet, Fun, & Entertainment

Sunday March 23

- 3:30 – 4:45** Workshop #6 WCS - Advanced “Money Moves”
- 5:00 – 8:00** Innovations Dance – Refreshments

Early Bird Weekend Passes will be on Sale to Annual Members Only during January and February for \$50.

Pricing For Super Mario Weekend

*Attendance will be limited to prevent overcrowding.
Please get your ticket ASAP.*

Regular Weekend Pass (On sale beginning March 1, 2003.)
Includes all 6 workshops, all 3 dances, Lunch & Buffet Saturday.

Annual Members: \$65
Others: \$75

Single Workshop (pre pay or pay at the door)
Friday and Sunday - Dance included with paid admission to workshop.

Annual Members: \$10
Others: \$20

Dance Only Prices (pay at the door)

Friday Dance (hot & cold hors d'oeuvres) 8:00 – 11:00 PM

Annual Members: \$5
Others: \$10

Saturday Dance (Carne Asada Buffet) 8:00 – 11:30 PM

Annual Members: \$8
Others: \$15

Sunday Dance (refreshments) 5:00 – 8:00 PM

Annual Members: \$5
College Students: \$5
Sister Clubs: \$5
Others: \$7

This is an E-ticket event! To purchase tickets see Martha Peleti at one of our regularly scheduled dances or mail a check to:
Innovations, P.O. Box 23745, San Diego, CA 92193.

AHHHHH!

Ah! The Waltz! There is none other like it for those wonderful feel-good dance moments on the floor. This is the dance for romance--make-believe or otherwise. And its power is formidable! For sheer terminology, it is unsurpassed!

Allow me to illustrate!

Carrie Kloss was Innovations' February (Saturday) workshop instructor. Considering all the other temptations around town that same evening (SwingDiego, Smooth Dancers party, Night in Vienna, "Chicago" the movie etc.) there were a goodly number of determined waltz novices present and eager to learn. Now you may remember that Carrie taught a wonderful waltz workshop for Innovations last year. She was most patient with the basics and had us moving around the floor with amazing fluidity in pretty short order. Well...that was last year! Figuring we had had many months to "practice", she kicked up the level (and the angles) and had our heads and feet turning every which way! Not only that, she spoke waltz language expecting us to process words like: "fallaway", "open reverse turn", "hover corte", "weave" - nothing like the line dance--, "back hover", "check" and my favorite (because it meant we were done): "close".

Hey! but the good news was that the leader could mix and match as befitted his position on the dance floor. (Were you on the straightaway or in a corner?) Ah, but here too, I stand corrected there really is no straightaway in waltz. Everything is on an angle--so on top of all the terms we were trying to remember we also had all the angles to figure in. That didn't even count knowing whether you were in a corner, approaching a corner or out in the open!

I definitely have a new respect for the waltz.

In spite of all the seriousness of terms, angles, connection and counting....thank goodness it's only a 1-2-3 dance...I was impressed at how well the class danced. Innovations dancers are awesome! but then we were in very capable hands.

So now I know that it won't surprise you to learn that Carrie offered a unique start to this workshop by explaining that there are different types of dancers. She had us think back to a memorable dance experience and then examine it to see what made it special for us. Was it the music? Was it the visual-ness of it all. Was it the kinesthetic partner contact experience that topped our list? What kind of dancer were we? Then as we rotated, we asked our new partner what type of dancer they were. Theoretically, you would have the best dances with a partner with the same sensori-orientation as yourself. That's the theory. Mostly, though, we were so involved in putting everything together (remembering), that we just didn't have any brain room left to remember who our best matches were. But what a thought. Do you know how to categorize your feel for dance?

Thanks Carrie... for such a multidimensional presentation of the waltz. (We'll be practicing in earnest for many months to come!)

Hugs! Charlene (who used to know how to waltz!)

BONUS!

February 9, 2003: Bonus Workshop Time: West Coast Swing with **Jordan and Tatiana**. Some workshops are just too good to miss.... and this was one!

First of all there are the personalities of these two U.S. Open Champions to consider. They are truly delightful young people--who also happen to know their stuff. However, as we have come to realize, not all champion dancers can present what they know to the general dance community. Not so in this case. They are extraordinary competitors whose enthusiasm for dance is quite contagious.

Not surprisingly, Jordan began with a 4 count starter step with a 4 count throw out. Many of us are already familiar with this opening pattern. However, Jordan demonstrated how to dance it without doing a rock step--so much smoother and nicer! He gently implied that we all need to get away from doing a rock step--a move that is definitely being phased out of swing! (Is anyone listening?)

In particular, I really enjoyed learning a new bit of footwork to use with the push break! Even though Tatiana was careful to break it down into small steps, there was no hiding the fact that this was not going to be a quick-pick-er-up-er! Briefly the right toe (on count 3) opens out at the same time that you raise the right hip and lift the left heel. Yes, this all happens on counts three-and. Thank goodness counts 1,2,4,5 & 6 stayed the same! (Except... at the very end of the workshop, Tatiana showed us how to spice up counts 5 & 6!) Does anybody remember the "applejack" line dance? The feeling is similar and just as difficult. Those of us who spent hours in the kitchen practicing this footwork can attest to the necessity of persistence if this simple looking move is to be mastered much less incorporated into the push break at a split-seconds notice!

Sorry, fellas....I don't have a clue as to what Jordan was practicing with you on the other side of the room! Check with Wayne. In fact, I just know that he'll be going over this information during one of his Sunday "hot moves" moments (editors note: Wayne doesn't have a clue either).

Now the reverse (or twisted) whip....that was a new move. In fact, Tatiana and Jordan had only presented this information in workshop format one other time! It wasn't even on any of their videos yet! It involved an unusual handhold in order to get the follower to go behind the leader. There were many points on placement of the feet and elbows (thank-you!) The word pretzel comes to mind. You'll just have to wait for a quick review of this material at a "hot moves" session!

As a real bonus, at the end of the workshop they re-presented all of this material with brief teaching notes for us to videotape! Very nice! (Thaaaannkkk you Jordan and Tatiana!)

NEXT MONTH: NIGHTCLUB TWO STEP

Hugs, Charlene.

March New Members

Ronnie Breman
Carol Buell
Helen French
Keith French
Jordan Frisbee
Gene Gage
Kathy Grako

Robyn Greer
Tatiana Mollmann
Joyce Richards
Andrew Shipps
Robert Todd
John A. Witkowski

March Birthdays

There will be a list of all members who have birthdays in the current month at the front desk. (If you didn't include your birthday on your application form, just show your drivers license.) If you want to take advantage of your free admission on the day of a workshop and you wish to take the workshop, admission is \$5 for both the workshop and dance. Happy Birthday From Innovations.



2	Garry Schaeffer	21	Tobin Barrozo
2	Stephen A. Tueting	22	Marvin Olsen
7	Ellen Boucher	22	Joyce Richards
7	Robert Holland	24	Margaret Willette
9	Francoise Ginsberg	26	Isgard Hueck
11	Debra Farrow	27	Randy Stovall
15	Robert Todd	30	Rune Johanson
16	Misty Frank	31	Nick Hyde
18	Shirley Allen		
20	Julie Brussel		

An Innovation's T-Shirt Makes A Great Gift For An Innovation's Member And You Can't Beat The Price At Just A \$12 Donation.....Ask Any Of The Board Members About How To Add Sparkles. WOW!!

Also Watch For The Cool New Innovation's Jackets Soon To Be Introduced. They Look Good, They Feel Good And They Are Oh So Cozy.

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Don't Forget To Get Your Tickets For This Once In A Lifetime Event**

**Free Classes This Month:
Friday nights – Introduction to Country Western 2-Step
Sunday nights – Introduction to West Coast Swing**

Read All Of The Dates, Times And Details Inside.....

Innovations Dance, Inc.

P.O. Box 23745
San Diego, CA 92193
Phone: (858)277-1845
E-mail: info@innovationsdance.org
Website: www.innovationsdance.org