

Don't Forget.....
Mark your calendar and get your
tickets to the Second Annual
Innovation's Anniversary Party
Saturday, October 4, 2003

Innovations

August 2003 Newsletter



DanceSational Workshop, Saturday, August 2, 2003 6:30 – 7:45PM

It's Parker Time. Parker Dearborn needs little introduction. We all know and admire him for his Innovative and Cooooooool Style of West Coast Swing. It's no wonder why he has won so many prestigious and First Place Awards in the "Swing World". Parker is back to share some of his creativity with us. Don't Miss Out. The workshop cost, which includes admission to a dance party to follow at 8:00 p.m., is \$10 for Annual Members and \$20 for others. Admission to just the dance is \$5 for Annual Members, Sister Club Members & college students with I.D. and \$7 for others.

Free Classes This Month prior to the Innovation's Dance Parties:

Friday Nights: 7:15 – 8:00 Waltz with Mike Cowlshaw and Leslie Snow

Sunday Nights: 4:15- 5:00 West Coast Swing with Vicki Palladino

Innovation's Special Event - Bus Trip to Memories – Sun. September 7th

Join our "swingin" party bus to Memories in Whittier and the West Coast Swing Dance Club on Sunday evening, September 7th

Leave Starlight 6:30 p.m. (Other pick ups possible at UTC and Encinitas to be determined)

Arrive at Memories about 8:30 and Dance until 11:15 PM

Bus leaves at 11:30 pm and arrives back at Starlight about 1:00 am.

Cost \$20 per person, includes

- * your admission, a \$10 value for non-WCSDC members!
- * bus ride, tip for driver included
- * snacks, beverages and video entertainment on the bus
- * one tired day at work on Monday! Take the day off!

Sign up at the front desk. No reservations accepted without payment.



SALSA “MILLENNIUM” STYLE

Innovations held their first ever SALSA workshop this past Saturday. The featured instructors were Edie “the Salsa FREAK” and Al “Liquid Silver” Espinoza. A small but enthusiastic workshop was treated to their first dose of “Millennium” Salsa.

“Millennium” Salsa is evidently a particular style of Salsa danced in the Salsa clubs in LA. Salsa has always been very much a “club” dance. The style and technique of the dance often a function of where a dancer learned the dance and from whom.

Today’s Salsa teachers have a very structured understanding of the various styles, preferring elements from some while still encouraging students to recognize and try the others.

With one workshop, I really only learned enough to know that there is a lot more to be learned about “Millennium” Salsa. Even so, Al and Edie did a great job imparting a sense of what the dance style “feels” like.

They started the workshop by separating the leaders and followers. Each group learned what might be called a Salsa line dance with Hip Hop styling. Besides being fun this served two purposes.

First it created an atmosphere of open mindedness about the dance. I came into the workshop with some preconceptions based on a very traditional Salsa background. I knew immediately that this workshop was going to change my approach to the dance.

Besides preparing us mentally, the opening work gave everyone some ideas on things to try in their Salsa. Al and Edie had the leaders and the followers face off. Each side took turns demonstrating the moves they had learned while the other side danced basics and voiced their support. All this shimmying, shaking, popping and making noise was a lot of fun, but more importantly it got the class into a good “Salsa mindset”.

After partnering up, we learned a challenging but fun pattern. Al and Edie made several points about technique, like body position, which made the patterns work easily. They talked about using variations in the basic pattern count to make moves look and feel better. These concepts as well as the patterns themselves were easy to relate to experience with West Coast Swing and other dances. Body position, timing, and technique are common ground to all dancers.

What is different for every dance and from dancer to dancer is the mood or spirit of the dance. Salsa is aptly named. Regardless of style the dance has an explosive energy. Al and Edie’s “Millennium” style only enhances the way Salsa is used to add flavor to the music and life. When you watch them dance that is abundantly clear. I look forward to another taste of Salsa “Millennium” style.

Innovations 2nd Anniversary Party

Saturday, October 4th 2003

Celebrate Innovations 2nd Anniversary with

- *Fun filled day of 4 Great Workshops*
- *Lunch*
- *Spectacular Evening Buffet Dinner & Dance*

DAYTIME SESSION

*Starlight Dance Studio
Workshops in NC2-Step, Waltz, CW2-Step and
of course West Coast Swing*

Featuring Star Instructors
Michael Kiehm, Carrie Kloss,
Ronnie DeBenedetta & Stephanie McPherson,
Parker Dearborn & Brandi Northrup*

EVENING SESSION

*San Diego Mission Valley Marriott Hotel
8757 Rio San Diego Drive
Grand Ballroom
Buffet Dinner & Dance*

**Subject to Change*

\$\$\$ PRICING INFORMATION \$\$\$

ALL DAY PASS - 4 Workshops, Lunch, and the Buffet Dinner & Dance.

DINNER ONLY - Buffet Dinner & Dance.

	6/1/03 to 6/30/03		7/1/03 to 8/31/03		9/1/03 to 9/28/03	
	Annual Member	Event Member	Annual Member	Event Member	Annual Member	Event Member
All Day Pass	\$40.00	not available	\$45.00	\$80.00	\$50.00	\$90.00
Dinner Only	\$25.00	not available	\$25.00	\$45.00	\$30.00	\$50.00

After September 28, 2003 no Dinner tickets will be sold. Workshops may be purchased at the door.

October 4th – At The Door Workshop Tickets (Includes Lunch)

	Annual Members	Event Members
1 Workshop	\$10	\$15
2 Workshops	\$15	\$25
3 Workshops	\$20	\$35
4 Workshops	\$25	\$45

This is an E-ticket event. No tickets are issued. When you sign up your name and information will be entered in our data base. No refunds will be available after September 1, 2003. To purchase passes see Martha Peleti at our dances, contact her at membership@innovationsdance.org or phone (858) 277 – 1845. You may also fill out and mail the registration form below.

Mail in registration must be received by September 28, 2003. To Order Tickets Fill Out This Form and Mail With Check to Innovations, P.O. Box 23745, San Diego, CA 92193 or see Martha Peleti at one of our Dances.

NAME _____ MEMBERSHIP # _____

PLEASE CHECK ONE: ALL DAY PASS _____ DINNER ONLY _____

DATE _____ AMOUNT PAID \$ _____

ITALIAN DINNER BUFFET*

Antipasto Platter

Mushrooms, Artichoke Hearts, Pepperoncini, Olives, Salami, Mortadella, Capicola,
Provolone and Mozzarella Cheeses
Roasted Vegetables and Peppers with Rosemary/Garlic Aioli

Traditional Caesar Salad

With Herbed Croutons and a Mild Caesar Dressing

Pasta Salad

With Bay Shrimp Pesto and Pinenuts

Sliced Beefsteak Tomatoes, Grilled Eggplant and Feta Cheese

With Olive Oil and Fresh Basil

Rustic Bread Display

To include Garlic Bread, Ciabatta Focaccia, Herbed Bread & Bread Sticks

Tomato Bruschetta

With Cheese Toast Points

Chicken Breast Rosa

Sautéed Breast of Chicken

Topped with Sliced Tomato, Fresh Pesto and Provolone Cheese,
Baked to Perfection and served on Salsa Rosa

Roasted New York Striploin

With Rosemary Roasted Mushrooms, Grilled Vegetables and a Red Wine
Sauce

Ricotta Cheese Ravioli

Served in a Sundried Tomato Pomodoro Sauce

Bouquetiere of Fresh Seasonal Vegetables

Tiramisu, Cannoli and Fresh Berries in a Chocolate Cup

Coffee, Tea, Decaffeinated Coffee and Iced Tea

***Subject to Change**

August New Members

David Arenas
Paunpimon Atkinson
Dennis Champagne
Cheryl Cohen
Thomas Sharback



August Birthdays

There will be a list of all members who have birthdays in the current month at the front desk. (If you didn't include your birthday on your application form, just show your drivers license.) If you want to take advantage of your free admission on the day of a workshop and you wish to take the workshop, admission is \$5 for both the workshop and dance. Happy Birthday From Innovations

	Barbara Measelle	17	Rick Herrmann
1	Dan Gehlhaar	20	Martha M. Barnard
2	Daniel Diaz	20	Lily Kirsanow
2	Lou Handy	20	Kathy Moore
5	Ron Gonzales	20	Lynn Moore
6	Dorene Brewster	21	Sharon Johanson
6	Pam Ford	21	Sherry Van Epps
7	Rick Blankenhorn	22	Terri Callaway
9	Tom Cottrell	23	Shawn Tobias
10	Jordan Frisbee	24	Rita Haverkamp
12	Mike Cowlshaw	24	Edward Rodriguez
14	Shana Powell	25	Anita Dancoff
15	Ione Bauman	25	Sally Semm
16	Larry Armstrong	26	Randall S. Mar

TO BE OR NOT TO BE

Attention Innovations Members! Do you want our club to continue Sunday Dances? Your Board of Directors is considering discontinuing the Sunday Dances. The reason is simple. We're not able to pay the rent with the current attendance.

The Board will monitor the situation for the rest of summer and make a decision early in October. As a non-profit corporation we are able to run our dances without considering profit. However we cannot run them at a loss. We understand that there are many dance venues available to the dance community. If the Sunday dances are not a good fit for our members then we shouldn't be running them.

For those that have been attending the Sunday dances, we wish to thank you for the support and to say we are happy to run the dances and hope to continue to do so. The decision will be purely a financial one and ultimately is in the hands (or feet) of our members.

Innovations Dance, Inc.

P.O. Box 23745, San Diego, CA 92193

Phone: (858)277-1845

E-mail: info@innovationsdance.org

Website: www.innovationsdance.org

Workshop Schedule

All workshops are intermediate level unless stated otherwise

August 2 – West Coast Swing – Parker Dearborn

September 6 – Night Club 2-Step - Ronnie & Stephanie

October 4 – Anniversary Party – Details Inside

Innovation's dances and workshops, unless specifically stated otherwise, are held at Starlight Dance Studio Located at

6506-H El Cajon Blvd in San Diego, CA

Phone: 619-287-9036

**Check Out the Special Event – Bus Trip To Memories - Details Inside
Sunday September 7th**