

Innovations

July 2004 Newsletter

6:30 PM Workshop - 8:00 PM Dance



Carrie Kloss

DanceSational Workshop – Starlight Dance Studio

Saturday, July 3, 2004 6:30 – 7:45PM.

Intermediate Waltz with Carrie Kloss.

Ballroom Dance Champion, World Class Instructor and Feather Award Winner for “Most Outstanding Dancer in the United States”, twice! Come and learn Carrie’s “Essence of Dance”. Dance 8-11:30 pm.

DanceSational Workshop Prices include admission to the Dance – \$10 Annual Members, \$20 for others.

Dance Only Prices - \$5 Annual Members, Sister Club Members & Students and \$7 for others.

This Month’s Free Introductory Classes:

Friday Nights: 7:15 – 8:00 Argentine Tango with Pamela Ford

Sunday Nights: 5:00- 5:45 West Coast Swing with Jane Hance

The class on Sundays is free. If students want to attend the dance afterward, they are welcome to pay the admission then. Attending the dance is not required to take the class.

Modern Music Argentine Tango

By Pamela Ford

Ever looked at the Tango and thought “I like the way that dance looks but just can’t get past the music?” This is your chance to learn the dance to music you will like.

Pamela Ford will be teaching at Innovations on Fridays in July at 7:15 pm.

Class will be beginning level Argentine Tango and while learning the basics and the fun stuff (leg flicks....oooooooooooooh aaaaaaaaaaahhhh) it will also stress lead follow techniques that carry over to all forms of couple dance.

The class will be danced entirely to NON-traditional music. No harpsichord or accordion.

This is a fun dance and will improve your over all ability as a dancer.

Plus.... we’re gunna have FUN!

Pamela Ford is also available for private dance lessons – (619) 948-0511

Rob “I” At Innovations

Saturday June 5th the “I” in Innovations was for Rob Ingenthron. Rob returned to Intermediate WCS at the June Dancesational Workshop.

Because of a mix-up last time he was here, Rob wanted to make sure he was present on time. To that end he was at Starlight an hour and a half early. He arrived even before our set up volunteers. Even so, he stayed quite late at our after party and danced up a storm. That was much appreciated by the many ladies who got to dance with him.

Before partnering with the ladies at the dance however, Rob imparted some great WCS to the workshop attendees. The material is fun, leadable and presents well (as in it looks cool).

A turning basic starter step with a throw out to open position covers the first four beats. Follow that with what starts like a left side pass only on beat 2 the leader leads an outside turn catching the follower’s back. The leader stops the follower at a half turn just past the midpoint of the slot and turns to his left with a spiral on beat 3. It’s like a stylized barrel roll. Follower holds position while the leader steps out down the track and anchors back in the track.

Next a stylized hand change (right to right hand hold) on beats one and two while prepping for inside turn to a whip with a behind the back hand hold. As the follower releases with an outside spin the leader catches the left shoulder with his left hand (around beat 5 and ½) and checks the release on beat 6 with the follower facing down line of dance. The leader holds position and with a slight dip leads the follower backwards in a large step on 7 and smaller steps on “and 8” to finish in open position with a right to right hand hold.

The next 4 beats were like an inside roll to a whip except both partners over rotate a quarter turn while the leader’s right hand goes over his head. Both partners finish side by side facing perpendicular to the slot. This provides an opportunity for some side by side styling. We did point, small step to the right and point, small step to the left for a little hip action. Follower anchors in place while the leader slides out to finish or if the leader has kept the right hand hold he can turn to his right and finish right to right hand hold.

There was more but we ran out of time. Rob did include the last bit in the videotape session so if you know one of those who videotaped you can get the material from them.

As usual Rob predicated his presentation of the various patterns with the understanding that the beats used in class are a guideline. Dance to the music. If you need more beats take them. If you need to finish on the “wrong” foot to hit something in the music, don’t be afraid to hit it then either hold or syncopate to get back on. Dance to the music. That’s when dancing is the most fun. Anyone who’s seen Rob dance knows his dancing is fun!

Survey Says

So far we have 25 responses to the Board's on going member survey. The survey is a way of finding out what members think about the club. Suggestion forms are always available at the sign in desk and we welcome your input.

Results to date are as follows:

	Yes	No	No Response	Comments
Contests	9	5	11	2 – Contests should be Jack & Jill 2 – Contests should be infrequent
Dance Mixers	10	2	13	1- No Snowball mixers
Intermediate West Coast Swing Classes	14	2	9	Note: We tried Intermediate West Coast Swing Classes on Sundays for a month, but turn out was poor.
Music				6 – Kudos 1 – More Contemporary & Blues 1 – Less Disco 1 – More Country Western 2-Steps 2 – Less Country 2 – More Night Club 2-steps 1 – More Waltz 1 – No Salsa 1 – More Guest DJs
Miscellaneous				1 – Have Special Deserts 1 – Have Pot Lucks 1 – Add Theme Dances 1 – More Sunday Workshops 2 – Reduce Sundays to every other Sunday to try to keep Sunday going

And we end the survey results with one final comment:

Julie is a very good DJ & Carolyn Washington plays good music as well.

Note: We think Julie wrote this but she denies it!

Innovations

3rd Anniversary Party

Saturday, September 18th 2004

Fun filled day of 4 Great Workshops
Lunch Buffet
Spectacular Evening Buffet Dinner & Dance

Day Time Session

**Starlight Dance Studio
Workshops in Night Club 2-Step, Bolero
and of course, West Coast Swing**

Featuring Star Instructors*

Michael Kiehm
& Dawn Haight

Parker Dearborn
& Jessica Cox

Evening Session

San Diego Mission Valley Marriott Hotel
8757 Rio San Diego Drive

Grand Ballroom

Italian Dinner Buffet, Dance & Show

*Subject to Change

ITALIAN DINNER BUFFET

Antipasto Platter

Mushrooms, Artichoke Hearts, Pepperoncini, Olives, Salami, Mortadella, Capicola, Provolone and Mozzarella Cheeses, Roasted Vegetables and Peppers with Rosemary/Garlic Aioli

Traditional Caesar Salad

With Herbed Croutons and a Mild Caesar Dressing

Pasta Salad

With Bay Shrimp Pesto and Pinenuts

Sliced Beefsteak Tomatoes, Grilled Eggplant and Feta Cheese

With Olive Oil and Fresh Basil

Rustic Bread Display

To include Garlic Bread, Ciabatta Focaccia, Herbed Bread & Bread Sticks

Tomato Bruschetta

With Cheese Toast Points

Chicken Breast Rosa

Sautéed Breast of Chicken, Topped with Sliced Tomato, Fresh Pesto and Provolone Cheese, Baked to Perfection and served on Salsa Rosa

Roasted New York Striploin

With Rosemary Roasted Mushrooms, Grilled Vegetables and a Red Wine Sauce

Ricotta Cheese Ravioli

Served in a Sundried Tomato Pomodoro Sauce

Bouquetiere of Fresh Seasonal Vegetables

Tiramisu, Cannoli and Fresh Berries in a Chocolate Cup

Coffee, Tea, Decaffeinated Coffee and Iced Tea

\$\$\$ Pricing Information \$\$\$

All Day Pass - 4 Workshops, Lunch, and the Buffet Dinner & Dance.

Dinner Only - Buffet Dinner & Dance.

	6/1/04 to 7/31/04		8/1/04 to 9/13/04	
	Annual Member	Event Member	Annual Member	Event Member
All Day Pass	\$40.00	\$80.00	\$45.00	\$80.00
Dinner Only	\$25.00	\$45.00	\$25.00	\$45.00

Workshops may be purchased at the door.

Elections Right Around The Corner

Innovations Elections will be held in October. Board of Director Offices up for election are Vice President and Treasurer. An Election Committee will be formed at the July Board meeting. The committee and the Board will be recruiting nominees for these offices over the next couple of months. If you're interested contact any of your current Board Members.

July Birthdays

Happy Birthday From Innovations!

1 free dance admission in the month of your birthday. There will be a list of all members who have birthdays in the current month at the front desk. (If you didn't include your birthday on your application form, just show your drivers license.) If you want to take advantage of your free admission on the day of a workshop and you wish to take the workshop, admission is \$5 for both the workshop and dance.

3	Robert Anderson	11	Kim Leahy
3	Debie Rowe	13	Brick Robbins
3	Dennis Selich	14	Jeralynn Brooks
4	Rene Manansala	15	Dick Dixon
4	Norma Osborn	18	Robert Labadie
5	Andrea Maher	20	Ron Hemme
6	Don Piche	21	John Bussey
6	Art Rodriguez	27	Jacky Yu
6	Carolyn Washington	28	Joanie Fuller
7	Rose Davidson	28	Linda Lyles
10	Karen Harnish	30	Vicki Palladino
11	Diane Dancer	31	Charlie Van Epps
11	Amy C. Johnson		

New Members

Tom Aycock

Jeff Coon

Theresa Wheeler

Innovations Dance, Inc.

Phone: (858)277-1845

E-mail: info@innovationsdance.orgWebsite: www.innovationsdance.org**P.O. Box 23745****San Diego, CA 92193**

I nnovations

DanceSational Workshop Schedule 2004

Saturday, July 3 rd 6:30 – 7:45 PM	Carrie Kloss	Intermediate Waltz
Saturday, August 7 th 6:30 – 7:45 PM	Mary Ann Nunez (Private Lessons Available)	Intermediate West Coast Swing
Saturday September 18 th Day & Evening	3rd Anniversary Party!!!	Daytime Workshops/Lunch Evening Dinner/Dance Mission Valley Marriott Hotel
Saturday, October 2 nd 6:30 – 7:45 PM	Tiffany and Aaron Lorenzen	Intermediate Country Western 2 Step
Saturday, November 6 th 6:30 – 7:45 PM	James & Jaana Kunitz	Intermediate Cha Cha

Workshop Schedule Subject to Change.