

Innovations

April 2006 Newsletter



Luis Crespo

DanceSational Workshop

Starlight Dance Studio, San Diego

Saturday, April 1st, 2006 6:30 –7:45 PM

Intermediate West Coast Swing

with

Luis Crespo

DanceSational Workshop Prices

Includes Dance Admission

\$10 Annual Members, \$20 for All Others

Dance Only Prices (Dance 8 - 11 PM)

\$5 Annual Members, Sister Clubs & Students (with ID)

\$7 for All Others

Saturday, April 1st, Innovations is extremely happy to welcome back **Luis Crespo** as our Star Instructor. Luis will be teaching an Intermediate West Coast Swing workshop. Luis is one of the West Coast Swing World's hottest rising stars. If you haven't seen him dance before, you're in for a treat. He will be available to teach private lessons by appointment. Contact Carol Ann Palmer at Cgaul2@san.rr.com.

If you missed the November Dancesational workshop with Luis Crespo you missed a good one. We had a great turn out to learn some of the "hot moves" and styling currently popular on the West Coast circuit. The following were unsolicited comments from our members: "Great workshop" "He was very easy to learn from and I could understand what he was trying to communicate to us" "That was really fun and we learned some cool stuff".

Private Lessons Are Available with Top Pros

Luis Crespo on Saturday, April 1st

Trish Connery on Saturday, May 6th

If you are interested, please contact Carol Ann Palmer at Cgaul2@san.rr.com.

Country 2-Step with Michael Eads & Cassie Moskos

By Dann Marquardt

If you weren't able to join us for our monthly Saturday dance party in March, you missed an exceptional two-step workshop taught by Michael "Third Base" Eads and his fiancé Cassie Moskos. Their blend of talent and humor always makes for an enjoyable experience. Michael has been dancing on the competitive circuit for 10 years in County Western and he and Cassie have been dancing together for 4 years now.

For a quick refresher, for those of you who were able to attend, the workshop went something like this; beginning in closed basic position; Q-Q-S on the second S do a check away taking both your partner's hands. From this position the man does his next Q-Q-S-S, moving around behind his partner looping his left hand over her head, ending up with both partners in sweetheart position, facing reverse line of dance. On the next Q-Q-S-S the partners progress down line of dance while the man unwraps the lady leaving her left hand at her waist while she continues to turn ending in a reverse hammerlock position. On the next Q-Q-S the lady unwraps from the reverse hammerlock while he man steps around to the opposite side setting up for the first tandem turn on the last slow. From here, the man leads the lady in another inside turn and again on the second S, executing the second tandem turn. Once again the lady is led down line of dance with an inside turn ending in skaters position on the last S. Next the couple completes one basic while doing a hand change. As the man unwraps the lady on Q-Q he immediately places his left hand (still holding her right) to her right shoulder in a "shoulder catch" which prevents her from continuing to spin. On S-S the man step in front of his partner. On the next Q-Q, the man performs an inside turn to fan position, picking up his partner for S-S. From her the lady may be brought into skater's position once again, or given a double bringing her into basic position.

For those of you were not able to attend.....well....I apologize for the lesson in "Greek". If you're interested in seeing this demonstrated, I'm sure any of the attendees, as well as I, would be happy to oblige. It really is a nice pattern and simple to execute.

Innovations is very pleased to have been able to bring Michael and Cassie back to teach this workshop, and hopes to do so again in the future, providing us with yet another opportunity to learn, improve, and enjoy our dancing.

Ronnie DeBenedetta's Los Angeles Premier Dance Classic

March 31 - April 2nd, 2006

Sheraton Gateway Hotel:
6101 W Century Blvd (LAX)
Los Angeles

<http://www.lapdclassic.com>

April's Schedule

**Friday Class – Intermediate Night Club 2-Step with
Innovations President, Mike Cowlshaw**

Friday's Class: 7:15 – 8:00 PM - is free with Paid Admission to the Dance

All Dances Run from 8:00 – 11:00 P.M.

**If you are interested in volunteering to teach, please talk to or send an email to
Carol Ann Palmer at Cgaul2@san.rr.com**

April Birthdays -*Happy Birthday From Innovations!*

1 free dance admission in the month of your birthday. There will be a list of all members who have birthdays in the current month at the front desk. (If you didn't include your birthday on your application form, just show your driver's license.) If you want to take advantage of your free admission on the day of a workshop and you wish to take the workshop, admission is \$5 for both the workshop and dance.

1	Barbara Fox White	11	Darrell Gaul
3	Mary McDowell	11	Susan Lang
5	Bill Martin	24	Michael John Kielbasa
6	John Hayes	25	Dennis Champagne
6	Theresa Wheeler	26	Caryn Maroni
7	Ernest Rodriguez	30	Dona Dixon
11	Paunpimon Atkinson	30	Tovah Petri

Welcome New Member

Jane Carasik

Phyllis Kirk

Rodney Stromenger

P.S. Innovations prides itself on being a friendly club. We need your help. If you see a newcomer at a Dance, please ask them to dance. Your kindness will be greatly appreciated. After all, we were all new once upon a time Hugs to All

Board of Directors

President.....	Mike Cowlshaw
Vice President.....	Carol Ann Palmer
Secretary.....	Charlene Juszcyk
Treasurer.....	Carol Schwartz
Membership.....	Kurt Dahlvig
Webmaster.....	JT Holland
Newsletter.....	Martha Peleti

The next Board of Directors meeting will be held
on Friday, April 7th at 8:30PM.
The meeting will be at Starlight Dance Studio.

*A Proud Member Of
The*



Innovations Dance, Inc.

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San Diego, CA 92193

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2006 DanceSational Workshop Schedule

Saturday, April 1st 6:30 – 7:45 PM	Luis Crespo	Intermediate West Coast Swing
Saturday, May 6th 6:30 – 7:45 PM	Trish Connery	Intermediate West Coast Swing
Saturday, June 4th 6:30 – 7:45 PM	Mario Robau Jr.	Intermediate West Coast Swing
1 st Saturday, December 6:30 – 7:45 PM	Michael Kielbasa	Intermediate West Coast Swing

Workshop Schedule Subject to Change.