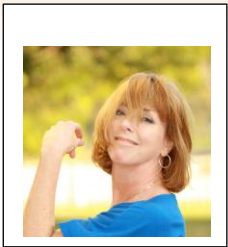


Innovations

www.innovationsdance.org
DanceSational Workshop Schedule February 2012



Trish Connery & David Walkup
Techniques and Styling to
Improve Your Dance
Feb 4, 2012



Orion Hall
March 3, 2012



Dawne Kiehm and Jang Wilder
April 7, 2012

Workshop 6:30-7:45 Dance 8:00-11:00

Workshop & Dance Price \$10 Innovations Members/\$20 non members
Dance Only Prices \$5 Innovations Members/ \$10 non members

Trish Connery

Trish Connery has won or placed in competitions on the local and national West Coast Swing circuit. She is a multi-year finalist at the US Open Swing Dance Championship . She's also taken top awards at three US Opens in Team Division. She provides teaching, choreography and coaching services for social and competitive dancers as well as wedding couples preparing for their all-important first dance. She has taught internationally, on cruises and in 2008 was a California Swing Dance Hall of Fame nominee.

Contact: Trish Connery & DanceChatter.Com, 323-228-3532; trish@dancechatter.com;

www.dancechatter.com.

Happy Birthday Friends!!!

- 6 Mike Jones
- 7 William Maynes
- 13 Evie Encarnacion
- 14 FayeBlankenHorn
- 15 John Heilbronn
- 16 Jon Sheehan
- 19 Diane Harvey
- 21 Barb Shuler
- 23 William Bremner
- 24 Tui Fundora
- 25 John L. Jordan
- 26 Mary Vannoy
- 27 Linda M
- 28 Marc Washington



Members get in free
During your birthday month!
Be sure to tell the front desk.

Thank you Volunteers!! You're the Best!!

lovely **ANITA DANCOFF** who brought us those delicious chocolates,
wonderful **RISA GOLDBERG** whose setup saved the day,
beautiful **CAROLYN WASHINGTON** our African safari queen returned at last
top chef **KARILYN BALLARD** fantastic homemade pies,
super **LESLEY ELLIES**, we'll miss you while you're Downunder
inspiring **JILL CURTISS**, we're lucky she's at our front desk
LARRY ARMSTRONG, women love men who can dance

Our favorite **DJ MARK SHEDDON**, faster than a speeding turntable, able to leap tall buildings in a
single song

DEBBIE DYAR, how much do we owe thee, let me count the ways ~
And thanks to fabulous **JT HOLLAND** and **CAROL SCHWARTZ** for putting away those Christmas
decorations!

Thanks to the wonderful **Bonnie Hartmeyer** for coordinating all the volunteers!

Elevate Your Level of Dance

Dancers that want to elevate their level of dance will pay attention to their dance technique. A disciplined dancer wants to achieve specific goals and constantly strives to improve. They know the payoff will be delightful dance connections. They pay attention to feedback from other dancers and ask themselves, "What could I have done to make the dance better for my partner?" Little things are huge. You've heard the pros talk about the basics. As you dance watch your **basics**; foot placement, body alignment, hand & arm placement. If you aren't already using rolling count look it up and try it out. It will help with timing. The more you work on yourself as a dancer the better dance you give to your partners. And that's a gift you give to your partner and yourself.

by Kathy Kelly

www.InnovationsDance.org www.facebook.com/SD.Dance

All dances held at Starlight Dance Studio - 6506-H El Cajon Blvd. San Diego, CA 92115

www.starlightdance.com

If you haven't been to an Innovations dance yet come check us out.

Be our guest, use the pass below and get in free your first time!

The logo for Innovations, featuring the word "Innovations" in a blue, serif font. To the left of the text is a stylized graphic of a glowing yellow ring with a starburst in the center, suggesting a dance or a spark of inspiration.

Get in free pass—1st timers only

If you've never been to an Innovations dance, here's your chance to try one for free. Bring this coupon to any Innovations dance and get in free on your very first visit.

Innovations dances are usually held the 1st Saturday of the month (check the website for schedule). Workshops start at 6:30pm, Dances start at 8pm. This coupon is for one free dance only. Take the workshop for \$10 and the dance is free on your first visit to Innovations.

Name: _____

Date: _____

Innovations
A DanceSational Dance Club
at Starlight Dance Studio
6506-H El Cajon Blvd,
San Diego, CA 92115
(619)287-9036

www.InnovationsDance.org
www.facebook.com/SD.Dance

Welcome New Members

David Brubaker Bill Hebert Jane Williams

Membership has its privileges

Time to renew your membership? Not a member of Innovations yet?

Here's what your [annual membership](#) gets you:

- Dance admission is \$5 (save \$5 each dance - non-member price \$10)
- Great DanceSational workshops for only \$10 (save \$10 - non-member price \$20)
- Anniversary dance discounted price
- Free dance for your birthday
- Pass for a free dance to use whenever you choose

To renew or join Innovations, complete a membership card and send it to Innovations along with your check for \$25 or bring it to one of our dances.

DanceSational Workshop and Dance pricing is \$10 for members and \$20 for non-members. Dance only prices are \$5 for members and \$10 for non-members.

Board of Directors

The Board of Directors for Innovations is dedicated to providing fun and informative workshops as we seek to elevate the level of dancers and build a joyful dance community in San Diego.

It takes a team of dedicated members to do this. The new 2011-2012 board members are:

President:	Kathy Grauer
Vice-President:	Hanna Cohan
Secretary:	Kathy Grauer
Treasurer:	Karilyn Ballard
Membership:	JT Holland
Newsletter:	Kathy Kelly
Volunteer Coordinator	Bonnie Hartmeyer
Webmaster:	JT Holland
Faithful Advisor	Debbie

We are looking for someone to step in and take over the Secretary job so that Kathy Grauer's busy plate can be alleviated. Please contact Kathy Kelly kellyconnections@gmail.com or let any board member know.